

Waldoboro Recreation

2017 Adult Co-Ed Softball Rules

REV 8/3/15

It is the goal of the Recreation Department to maintain an atmosphere where people will play and have fun. This League is not intended to match the style of play seen in the Olympics, ASA Championships or any other competitive co-ed leagues. Good sportsmanship is required at all times. Arguments, fights, rude comments, excessive dominating play or otherwise inappropriate behavior will not be tolerated. Violators are subject to removal from the league.

Traditional Slow-pitch ASA Softball rules are in effect except as modified below:

A. Game

1. Teams are permitted an unlimited number of players on the roster. (However, due regard should be given to the number of at bats each player will receive in a game)
2. 10 players will play the field, 3 of which must be women.
3. A team may start a game with a minimum of eight players. (2) must be female. If there are:
 - (3) females and (5) males. Out is taken in the (9) spot in the batting order. (8) players are in the field.
 - (2) females and (6) males. Outs are taken in the (6) and (10) spot in the batting order. (8) players are in the field.
 - (2) females and (7) males. Out is taken in the (6) spot in the batting order. (9) players are in the field.
 - (2) females and (8) or more. Out is taken in the (6) spot in the batting order. (9) players are in the field. All players bat.
4. Game consists of 7 innings. There is a time limit of one hour fifteen minutes. (Innings may be completed, but not started)
5. The batting order must alternate male - female beginning at the top of the order until all females bat. All players shall bat.
6. Average age of the lineup on game day must be at least 33. All players must be at least 18 and out of High School
7. Players can play any position in the field. Free Substitution.
8. If a male walks, a female that is on deck has the "option" to walk also. Intentional walks may be awarded without throwing pitches.
9. Each batter starts with a 1-1 count.
10. Teams are allowed (2) "over the fence" homeruns hit by males, unless other team has hit (2). Progressive homeruns after that. Must wait for other team to hit (2) before hitting another. Once teams hit two, can only have a (1) HR advantage. All others counted as an out. Female home runs and inside the park home runs do not count against limit.
11. A legal game is a game that lasts at least 4 $\frac{1}{2}$ innings (5 if home team behind).
12. A "strike" board shall be used behind the plate. Base coaches will call safe/out. On deck batter has calls at the plate. Catcher will call fair/foul. All calls shall be on the honor system. There will be no arguing calls...NO EXCEPTION.
13. A ball batted foul with (2) strikes will be considered an out.
14. Male outfielders may not move closer than 150 feet from home plate while a woman is a bat. Markers will be placed in the outfield for reference.

B. Batting, Base Running, and Fielding

1. Men may not bunt or chop down at the ball (a full swing is necessary). This will be ruled an automatic out. Women may bunt.
 2. A batter SHALL be ejected from a game and an out charged to his/her team if a bat is thrown or broken intentionally. The ball is dead and runners may not advance.
 3. No stealing or leading off. Each runner may leave when a pitched ball is batted. If a runner leaves early, NO PITCH is declared, the runner is out and the batter will return to hit with the same count.
 4. When a thrown ball goes out of the field of play, base runner shall be awarded bases as follows:
 - a. If thrown by an infielder, one base is awarded.
 - b. If thrown by an outfielder, two bases are awarded.
- Out of Bounds is as follows:
- MVHS - Over any permanent fence or into the dugout area.
 - MMS - Over any permanent fence. Past the lines extended from the fences parallel with the foul lines (painted or not). Parking area. Woods line, base of hill in right center. Past apple tree in left center.
 - WLL - Over any permanent fence or into the dugout area.
 - Philbrook Field - Over any permanent fence. Past the drainage ditch on the 1st base/right field side.
 - Friendship - Over any permanent fence. Into the woods line on the 1st base/right field side.
5. If a fielder without the ball obstructs a base runner, the obstructed runner shall be awarded the base they would have reached had there been no obstruction. If runner impedes a fielder on an initial play on a ball, the runner is out for interference.
 6. Sliding is optional but should be used for safety.
 - a. If the play is going to be close, then sliding should occur. No player may slide into a fielder to "take them out of a play".
 - b. If choosing not to slide, then surrender the out and step away from the play.
 7. Running over or taking out a defensive player will constitute an automatic out and ejection if flagrant.

8. Pinch runners may be used. Person who made the last out is the pinch runner. (male for male, female for female)

C. Equipment

1. Balls, wooden bats, and score books will be provided.
2. Men must use "league provided" wooden Bats ONLY.
3. Woman may use any bat as long it is ASA approved and does not appear on the ASA banned bat list.
4. No metal or steel cleats are allowed.
5. Uniforms are optional and will be the responsibility of each individual team.

D. Slow Pitch Regulations

1. The pitcher may pitch anywhere from 40 to approximately 50 feet.
2. A legal delivery shall be a ball that is delivered to the batter with an underhand motion at a moderate speed, below the hip. The ball must have an arc of at least 6 feet from the ground and a maximum height of approximately 12 feet. Pitchers shall waive off pitchers on the honor system.
3. Three warm-up pitches may be allowed each inning.

E. Players and Coaches Conduct

1. Managers and players have a responsibility to uphold the code of conduct. Disruptive behavior will not be tolerated.
2. Any player ejected from a game must leave the bench area, but may sit in the stands. Any player continuing to be disruptive will be asked to leave the field.

F. Alcohol/Smoking Policy

1. Consumption of alcoholic beverages and smoking is not permitted on School, town or Little League property. We ask your cooperation in this matter. Teams violating this rule are subject to immediate suspension from the league.
2. The Recreation Director has the authority to forfeit games if alcohol-related problems occur.

G. Forfeit Time

1. Teams have FIFTEEN (15) minutes to be ready to play following the posted game time. At the end of (15) minutes if a team does not have the required number of players, the game may be declared a forfeit. However, teams have the option of scheduling a makeup.

H. Substitutions

1. Players may be rotated in/out to any position at any time as long as the appropriate mix of men & women remain on the field.
2. Pinch runners shall be the last recorded out. (male for male and female for female)

I. Score Books

1. Managers must fill out the score book prior to playing the game. The Home team's book is the official book.
2. Only players listed on the starting lineup at the start of the game will be eligible to play in that game (including late arriving players). Should a player be listed on the lineup, but is not available at the time of an at bat, an out will be recorded.

J. Rosters

1. Players must be on the official roster sheet before they are eligible to play in any games.
2. Once a player plays in their first game, they may not play for another team.
2. Rosters freeze after third scheduled game.
3. To be eligible for the playoffs, a player must have participated in over 50% of his/her team's games and appear on the roster.
4. The use of ineligible players constitutes a forfeit. The game must be played to claim the forfeit

K. Injuries/Damage

1. Participants are responsible for any and all injuries sustained while participating in this program. Report all injuries to the Recreation Director. If a batted ball causes damage, the batter is liable.

L. Field Maintenance

1. The league is playing on borrowed fields. At the end of each day's games it is expected that each field will be dragged and holes filled in.

M. Rescheduling of Games

1. On mutual agreement of team managers, games may be rescheduled. It is preferable that games be played during the same week that they are scheduled. Rainouts should be made up as soon as possible. Scheduled games not played may be recoded as losses for both teams at the discretion of the League Director.

N. Rules Modification

1. The Recreation Director reserves the right to modify rules as necessary to carry out the league.

(REV 8/3/15)

Waldoboro Recreation Department

2017 Adult CO-ED Softball Registration

League coordinator: Rec. Dir. Marcus Benner, office: 832-5369 (x308), e-mail: rec@waldoboromaine.org

Location: Waldoboro Little League Field, Medomak Valley High School. Medomak Middle School

Time: Games will be played on weekday evenings and Sunday afternoons. Teams play twice a week. (subj to change)

Dates: League play begins mid-August 2017 and concludes with a playoff tournament around the last week of September or first week of October.

Ages: This league is primarily for older adults. The league will accept any adult (18 and out of HS) player as long as the average age of the lineup on game day is at least 33.

Teams: Unlimited roster per team, 10 players on field at a time, (3 must be woman), all players in dugout bat, men must use league provided wooden bats only. *See rules for other restrictions*

Fee: \$20 per player is due with registration or when a complete roster is submitted. Teams will not be eligible for play until payment is received.

Program notes: There have been many CO-ED teams, leagues and tournaments that are extremely competitive. This league will not be one of those. This league will truly be a recreation league with emphasis on having some fun and enjoying the game of softball. This is a no-umpire, no alcohol league. Playing rules have been established and are available at the Waldoboro Town office. Please feel free to call the Recreation Director with any questions at 832-5369 (X308).

Registration form and a \$200 deposit is due to the Recreation Department no later Monday, August 7th 2017! Remainder of registration fee of \$20 per person is due prior to 1st game.

ALL PLAYERS must be registered to play. Rosters FREEZE after the 3rd "scheduled" game.

FEE PAID: cash _____ check _____ Received by: _____ Date: _____

WALDOBORO CO-ED SOFTBALL TEAM REGISTRATION FORM - 2016

Team Name: _____

By signing this form, you acknowledge that you are familiar with, and will abide by all League rules. In addition, you agree to waive and release any and all claims you have against the Town of Waldoboro, Waldoboro Little League and MSAD 40 including their agents, employees, paid & non-paid volunteers, officers, leaders, sponsors and organizers. This includes injuries sustained in connection with this program. I understand that although a physician's examination is not required for registration, it is highly advisable that any participant consults with a physician before participation in athletic and strenuous activities.

Name (print)	Age	Home Phone	Cell	Signature	Town
1. <u>Manager:</u>	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
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18. _____	_____	_____	_____	_____	_____
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20. _____	_____	_____	_____	_____	_____