

Town of Waldoboro, Maine
Select Board Meeting
Municipal Building – 1600 Atlantic Highway
September 25, 2018

1. Call to Order

The meeting was called to order at 6:01 p.m. Town Manager Julie Keizer was present. Select Board members present were Chairman Bob Butler, Clint Collamore, Jann Minzy, Abden Simmons and Katie Winchenbach.

The audience included Beth Birmingham of the *Courier-Gazette*, John Lawrence, Finance Director Peg Tynan, Alexander Violo of the *Lincoln County News*, and Freeman Zausner.

2. Pledge of Allegiance

3. Public Hearings – none

4. Portfolio Analysis of Trust, Cemetery and Scholarship Funds - First Advisors

Matt Weaver and Anne Logue from First Advisors were in for review of Town trust funds, cemetery and scholarship funds. Weaver gave out copies of a printed portfolio and presented an update and comparison of the funds, which First Advisors has managed for 13 years. He can come in once a year or more often, if desired, to review fund performance. He will discuss with Town Manager Keizer and Finance Director Tynan whether to have a balanced objective for all funds, the cemetery funds are invested somewhat more conservatively than the trust funds. Keizer said it would be best if Weaver met with the two Select Board members who are also members of the Finance Committee (Butler and Simmons) as well as with her and Tynan. She suggested that he also come in once or twice a year to meet with the Select Board.

Butler asked for review of the investment policy. Weaver said that he has several policies that he will give to Tynan. Keizer said our auditor also will provide us with policies, and between all of the participants we can come up with a good one.

5. Healthy Lincoln County: Survey of Substance Use in High School and Middle School

Kate Marone, Director of Health at Healthy Lincoln County, was in to present results of their recent health assessment, which they do every other year. She gave out copies of material about the survey results. The Maine Integrated Youth Health Survey is administered every other February, most recently in February 2017. All four high schools in Lincoln County participate, and seven of the eight middle school grades. At the same time that the students are surveyed, her office does a telephone survey of about 400 parents of middle school and high school students. Her office also interviews law enforcement personnel and health care workers in the schools. Miller School students were asked to take photographs of factors in their life that either contribute to or discourage them from using drugs or alcohol, tell what the photos mean to them, and put captions on them.

The most recent survey is the first one in which more students said they were using marijuana than alcohol. 22% said they used marijuana regularly, compared to 19% who use alcohol regularly. As of last year, persons must be 21 to use tobacco legally. More students now report using e-cigarettes than use traditional tobacco products. The opioid crisis mainly affects people 18 years and older. Use of heroin and prescription opioids doesn't generally start in high school. Very few students surveyed feel that marijuana use is detrimental to health at their age. Alcohol use was deemed harmful by 57%, tobacco by 86%, and prescription drugs by 86% of respondents. More than half said it is easy for them to get alcohol, marijuana, and tobacco products from a store, family member or friend. Fewer students said they can easily get prescription drugs for recreational use.

Age of initiation is important. The human brain is not fully developed until the mid-twenties. Younger brains exposed to addictive substances develop stronger addictions. If people have not started smoking by age 20 - 25 they are less likely to start. 27% of students who have tried alcohol did so before the age of 13, as did 33% of those who have tried marijuana. Exposure to addictive substances affects the learning capacity of the adolescent brain.

The study assesses factors contributing to student use of addictive substances. Factors include domestic violence, depression, and having experienced three or more adverse childhood experiences ("ACE"s). Protective factors that tend to discourage unhealthy behavior include having a family that gives them love and support, and feeling that they matter

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in their community. Six out of 10 students feel they are getting the support they need from their school and community, but 4 out of 10 do not. We need to try to do something about this. Sheriff's offices do retail checks annually, finding violations in 8% - 10% of cases, where clerks or waitstaff are providing prohibited substances to minors. We could require businesses serving alcohol to provide regular staff training. Parents should secure addictive drugs and alcohol in the home. Marone's office can provide free locking bags in which to secure prescription drugs.

6. Adjustments to the Agenda

7. Citizen Comments - none

8. Select Board Comments

- Winchenbach said that she went to Gross Neck to check progress of road work. The Public Works Dept. has been working on ditches and seeding with grass. Local residents are pleased with what's been done.
- Best wishes to Clint Collamore on his marriage.
- Butler said the last Art Walk of the season will take place on Oct. 13, but some downtown shops will continue to have art openings after that date.
- Minzy said that the recent talk on Abraham Lincoln at the Broad Bay Church was well attended. The speaker is CEO of the Abraham Lincoln Museum, and has a friend who grew up in Waldoboro. Minzy gave her a certificate of appreciation from the Town, which pleased her.

9. Town Manager's Report

- RFP for LED street lights: One response has been received. Keizer went over this with the Economic Development Committee on Friday. Their recommendation is to put the job out for bids again. See page 3 below.
- An Assistance for Firefighters grant is possible from FEMA. Keizer will ask the Select Board tonight to authorize her to submit an application.
- We have three very good applications for Chief of Police.
- We did more testing on water in the Medomak, including along some tributaries. Test results have been received. We will do further testing in areas that test suspiciously high.
- The school bond for the RSU 40 budget for Region 8 schools is for \$24 million over 20 years. Our portion of the debt service is \$662,646 for this year.

10. Consent Calendar

10.1 Approval of Minutes of Sept. 11, 2018, as Amended

In the next-to-last line under 10.2, Paving of Pine Street Landing Parking Area, the Select Board vote should be 4 - 0 - 1 with one abstention, not 5 - 0.

10.2 Financial Warrants & Reports - none

10.3 Correspondence

Keizer read letters from John Burbank, Jr. and Carl Hallowell thanking the staff for everything they do. A longer letter from Larry and Susan Hodgkins was addressed to Rose, Darryl, Eileen, and others, with thanks for all their personal service, smiles and patience at their jobs, and appreciation to the Fire Dept. and Police Dept. for their fine work. The Hodgkinses spent 30 years in Waldoboro and found it a wonderful place in which to live and raise a family.

10.4 Quitclaim Deeds and Discharges - none

On motion of Simmons, seconded by Minzy, Board members voted 5 - 0 to approve the consent calendar as amended to correct Item 10.2 on p. 3 of the Sept. 11 Select Board minutes.

11. Old Business - none

12. New Business

12.1. Timeline for Changes to Shoreland Zoning Ordinance (Land Use Ordinance Article 7)

Butler asked to have this as a discussion item at tonight's meeting. He wants the Planning Board to continue working on shoreland zoning ordinance revision, even though it will not be on the ballot this November. Keizer said that this is already being done. Planning Board members have contacted the Dept. of Agriculture about shoreland setbacks, and will work on Best Practices. Keizer recommends placing the revised ordinance on the ballot for town vote in June 2019, which means the Planning Board should have a revised draft ready for review in February, 2019. She prefers to have townspeople vote at the regular time in June rather than at an earlier special election that would likely be voted on by many fewer people. She asked for Select Board members to go over the proposed revision carefully ahead of time. Shoreland zoning is one of the most important things Select Board members are asked to vote on. They should take time to study the ordinance and be sure that they understand it.

Butler said that the Planning Board has not really inventoried the farms in Waldoboro. Max Johnstone has made a list of all the farms. The next step should be to contact all the farm owners, go door-to-door and ask people what they are doing on their land, and where they are doing it.

12.2 Ice Pond Weed Control Letter of Support

Keizer has received a request from Karen Roen of 181 Ice Pond Road, writing on behalf of the Ice Pond homeowners' association. The pond currently has an invasive weed growing in it. The homeowners would like the Select Board to assist them in addressing the problem at the State level and getting rid of the weed, which we think is probably milfoil. The homeowners' association has drafted a letter to the Maine Dept. of Environmental Protection which they want Butler to sign as Select Board chairman. Butler would like the letter to indicate that he is signing on behalf of the whole Select Board. The group discussed whether to change the letter to identify the weed as milfoil. Butler prefers not to do so, but to send the letter as the homeowners' association wrote it. He suggested that Keizer also write a letter. She thinks that is redundant, but is willing to do so if the Board wants her to. On motion of Simmons, seconded by Winchenbach, Board members voted 5 - 0 to authorize Butler to sign the letter to the DEP on behalf of the entire Select Board. The draft letter is in Board packets for tonight's meeting.

The Ice Pond is one of Waldoboro's fire ponds. The homeowners also want the Fire Chief to write a letter to the State on their behalf.

12.3 Update on LED Street Lights RFP

Keizer has discussed with the Economic Development Committee what to do about the one bid received from a vendor of LED street lights. Eight firms were invited to bid. The Committee's recommendation is to put it out to bid again, perhaps to a larger group of vendors, in hopes of getting a better response. Butler attended the EDC meeting, but was not present for the part of the meeting that was about the street lights. After the meeting he spoke with Jen Merritt, who chaired the meeting, and with planning consultant Bill Najpauer. The consensus was that the EDC members discussed the matter and made a recommendation, if not a formal vote. Najpauer said that many vendors are reluctant to bid on municipal projects. The work tends to be more difficult than private-sector projects, and the firms don't get paid as promptly. Butler said that if we delay much longer we will be looking at next year for the work to be done. We are throwing away potential savings. If we had had the work done in the 2017 - 2018 budget, we would have saved \$18,000.

Keizer said she referred the matter to the Renewable Energy subcommittee, which did not respond, which is why she routed the matter to the EDC. She said she can send out RFPs tomorrow and ask for bids by November 15. She could call the firms that did not respond in the first round, and ask them why they did not bid on the project.

12.4 Update on Chief of Police Position

No meeting time has been set yet for a meeting to review applications. Keizer is waiting to hear from one committee member.

12.5. Age Friendly Community Discussion

Minzy reported on conferences she attended recently, one in Augusta, the other in Damariscotta.

1) Summit on Aging: Maine communities should work and plan how to make it easy for older people to age in place in their own communities, either living in their own homes or in assisted living in the same town.

2) Elder Care in Lincoln County: There are lots of resources available. We should discuss what we can do in Waldoboro to help the aging. Older people contribute to the community, and help the economy. Communities can help elders avoid isolation. Consider transportation options. Have a workshop on this?

Action: Keizer suggested scheduling discussion about this at the first Select Board meeting in December.

12.6. Vote to Authorize Keizer to Pursue a Grant for a Ladder Truck

On motion of Simmons, seconded by Collamore, Select Board members voted 5 - 0 to authorize the Town Manager to apply for a grant for purchase of a ladder truck.

13. Executive Session

At 7:20 p.m. Select Board members went into executive session to discuss a personnel matter under 1 M.R.S.A. 405 (6) A.

14. Adjournment

Select Board members came out of executive session at 8:00 p.m. On motion of Collamore, seconded by Simmons, Select Board members voted 5 - 0 to adjourn the Select Board meeting at 8:01 p.m.

Select Board:
Town of Waldoboro, Maine

Robert L. Butler, Chair

Katherine W. Winchenbach, Vice-Chair

Clinton E. Collamore

Abden S. Simmons

Joanne Minzy